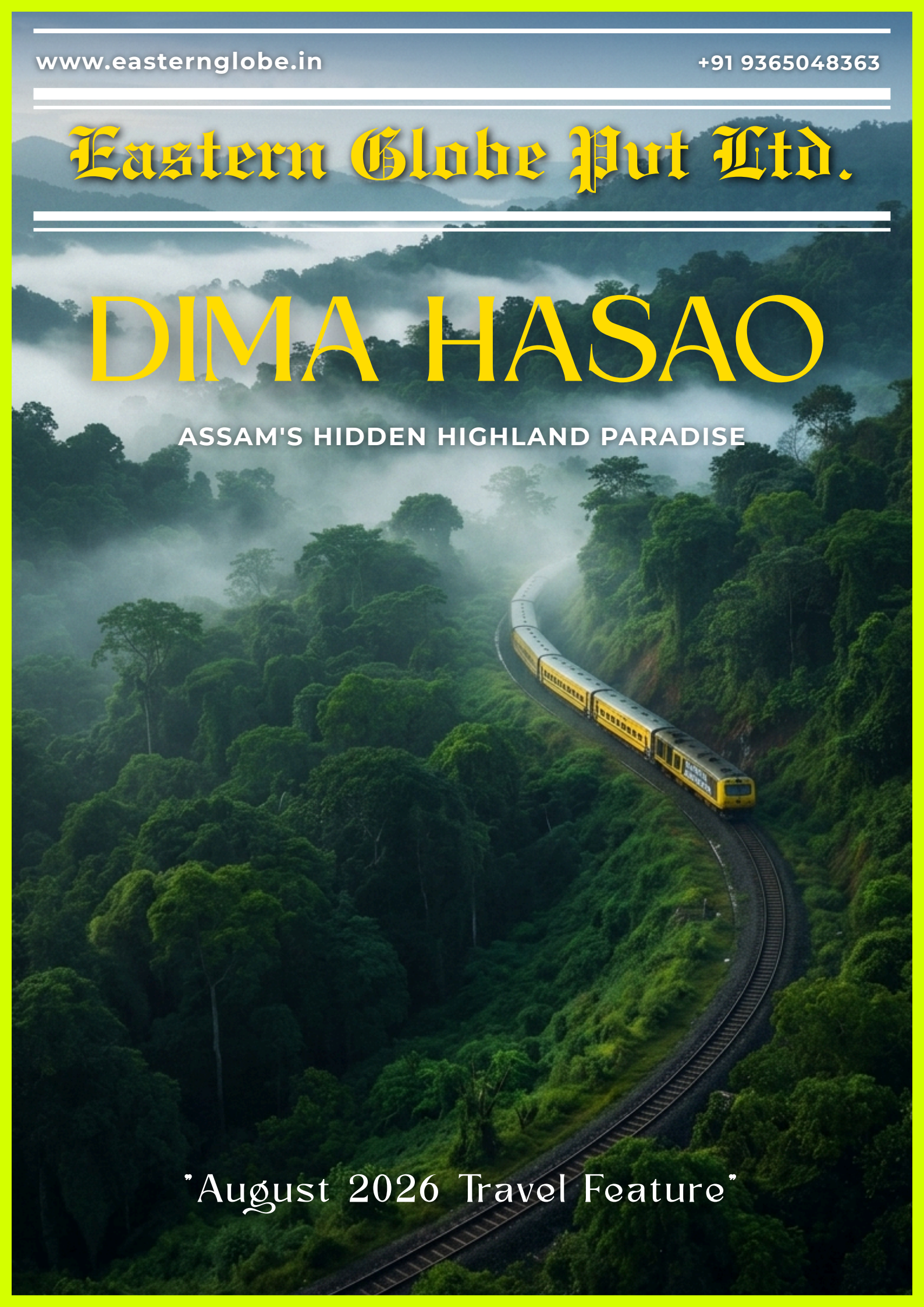
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DIMA HASAO

ASSAM'S HIDDEN HIGHLAND PARADISE



"August 2026 Travel Feature"



At Eastern Globe, travel has never been just about reaching a destination - it's about the meaning we create along the way. Every journey we design carries a purpose: to connect people with cultures, to support local communities, and to showcase the soul of the Northeast in a way that is responsible, authentic and memorable.

Over the years , we've learned that today's travellers seek more than itineraries. They seek stories, experiences an emotions that stay with them long after the journey ends. This belief continues to guide us as we innovate, personalise and curate travel experiences that are deeply rooted in the region yet aligned with global expectations.

Sarita Devi Saha
Director,
Eastern Globe Pvt. Ltd

ASSAM'S ONLY HILL DISTRICT

Hidden among the emerald hills of southern Assam, Dima Hasao is the state's only hill district—a destination where untouched landscapes, rich tribal heritage, and serene mountain air create an unforgettable escape. Far from crowded tourist trails, it offers travellers the opportunity to reconnect with nature, experience authentic local culture, and embrace the peaceful rhythm of the highlands.

The journey itself is part of the experience. Winding roads, pine-covered hills, misty valleys, cascading waterfalls, and charming villages unfold at every turn, while the historic Lumding–Badarpur railway route offers one of Northeast India's most scenic rail journeys.

From the misty hills of Umrangso and the majestic Panimur Waterfall to the tranquil beauty of Hajong Lake, the historic heritage of Maibang, and the fascinating bird phenomenon of Jatinga, Dima Hasao offers a perfect blend of natural beauty, history, and unique experiences that captivate every traveller.

Visit between October and March for pleasant weather and vibrant festivals, or during the monsoon (July–September) when the hills come alive with lush greenery and spectacular waterfalls. Whatever the season, Dima Hasao offers a peaceful retreat and an experience to cherish.

THE PEOPLE, CULTURE & FESTIVALS OF DIMA HASAO

Often called "Mini India," Dima Hasao is one of Northeast India's most culturally diverse regions. Home to communities such as the Dimasa, Zeme Naga, Hmar, Karbi, Kuki, Biate, Vaiphei, Rongmei, Khasi, and others, the district showcases a rich blend of languages, traditions, music, and customs.The warmth of its people, vibrant festivals, and deep connection with nature offer visitors an authentic glimpse into the region's unique cultural heritage.

Dima Hasao's rich cultural heritage comes alive through vibrant festivals such as Busu Dima, Hega, Chavang Kut, and colourful Christmas celebrations, each reflecting the traditions and unity of its diverse communities. Rooted in nature, the district continues to preserve its heritage through traditional bamboo homes, handwoven textiles, local crafts, organic farming, and the warm hospitality of its indigenous people, offering visitors an authentic cultural experience.



FLAVOURS OF THE HILLS

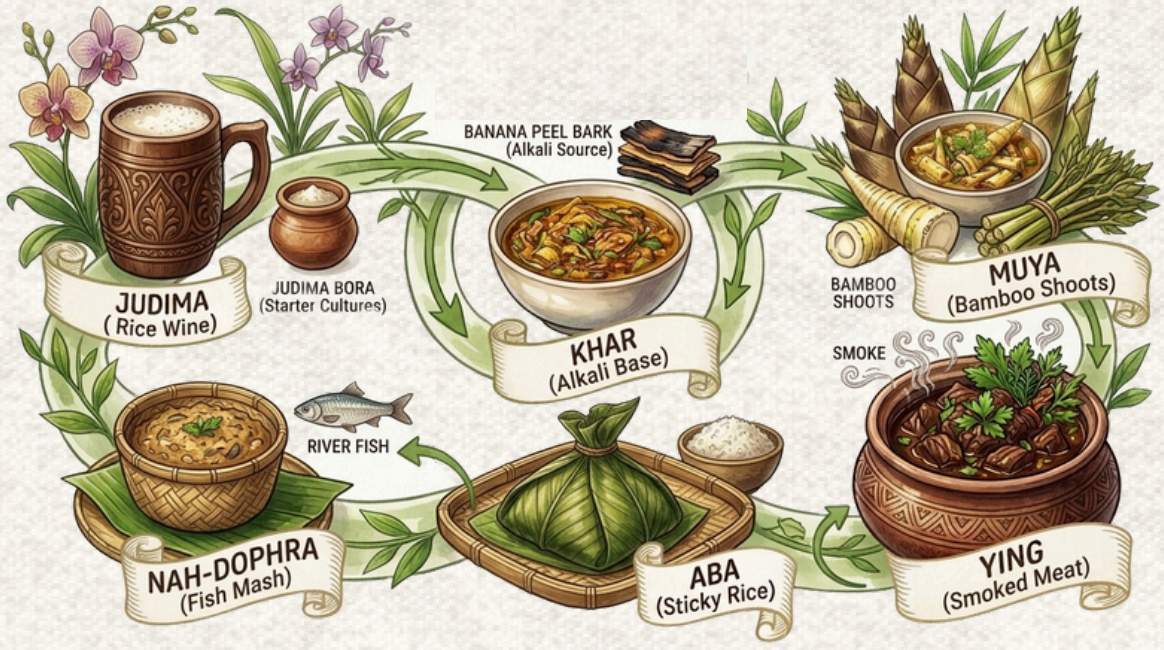
A Culinary Journey Through Dima Hasao

The cuisine of Dima Hasao is simple, nutritious, and deeply connected to the surrounding forests and hills. Meals are prepared using fresh local ingredients, seasonal vegetables, aromatic herbs, bamboo shoots, river fish, smoked meats, and sticky rice.
Instead of relying on heavy spices, local cooking highlights natural flavours, making every meal wholesome and comforting.

Must-Try Local Delicacies

The cuisine of Dima Hasao is a true reflection of its rich tribal heritage and deep connection with nature. Prepared using fresh, locally sourced ingredients, traditional dishes feature **bamboo shoots, smoked pork, sticky rice, fresh river fish, fermented soybeans, and wild herbs** that create simple yet distinctive flavours. Local recipes rely on age-old cooking techniques that preserve the natural taste and nutritional value of every ingredient. Sticky rice and smoked meats remain an integral part of festivals and community celebrations, while seasonal vegetables and forest produce add freshness to everyday meals.

Visitors can also enjoy aromatic **herbal teas** made from locally grown mountain herbs, along with traditional **rice-based beverages** served during cultural gatherings as a gesture of warmth and hospitality. Every meal in Dima Hasao offers more than just delicious food—it provides a glimpse into the region's traditions, sustainable lifestyle, and the enduring bond between its people and the surrounding hills.



PUSHRINGDI ISLAND
RESORT & HOUSEBOAT



PUSHRINGDI ISLAND RESORT

Float into peace. Wake up by the river

Hidden in the heart of Dima Hasao, Pushringdi Island Resort is a breathtaking 19-acre escape beside the Kapili River and Umrong Dam. Inspired by the rhythm of flowing waters and the serenity of nature, Pushringdi invites you to unwind, explore, and experience the untouched beauty of Assam like never before.

Wake up by the riverside, surrounded by lush greenery and the gentle murmur of flowing water. Our land cottages offer a peaceful stay in nature with easy access to walking trails, cozy corners for tea with a view, and a deeper connection to the rhythm of village life, all while cocooned in quiet luxury.






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